


WELTON WATERS ADVENTURE CENTRE RISK ASSESSMENT

Activity: OFF-ROAD CYCLING		Location: ON SITE AROUND THE LAKE			
Hazard	Risk	Who	Risk Rating	Control Measure	Out Come
Arriving On Site	None	All	Medium	All participants MUST report to the main office upstairs on arrival to register. All participants MUST complete a booking form and MUST state any medical conditions and medication needed.	Low
First Aid Control	Accidents & Injuries	All	High	A First Aider MUST be on site at ALL times. First Aid bag MUST be carried by the instructor or group leader at ALL times. Proximity of warm building. Accident procedure to be actioned, accident book MUST be completed and emergency procedure followed.	Low
Equipment	Unsafe	All	Medium	M Check to be carried out on every bike prior to session start, overseen by instructor. Bike must be adjusted to suit student height. Safety Helmets, Glasses and Gloves MUST be worn at ALL times. Any breakages to be reported instantly or removed.	Low
Traffic- Domestic and Agricultural	Collision	All	High	Instructor MUST brief participants regarding appropriate behaviour at start of session. Instructor MUST brief group about moving vehicles within the carpark areas. Always give way to vehicles. Always keep to the left when passing vehicles.	Low
Rough Ground and Pot Holes	Slips and Falls	All	High	Instructor must plan the route and check terrain. Students must maintain a safe stopping distance between themselves and other riders.	Low
Pedestrians, Pets and Cyclists	Collision	All	Medium	Always reduce speed when approaching others. Always keep a safe distance between cycles. Always give way to pedestrians.	Low
Vegetation (nettles and brambles)	Cuts and Stings	All	Medium	Long sleeve tops and full length trousers MUST be worn at ALL times. Suitable footwear MUST be worn at ALL times.	Low
Obstacles. Gates and Bridges	Collision	All	Medium	Instructor to identify obstacles and pre-warn students to stop. Gates and Bridges to be negotiated one at a time.	Low
Injury	Cuts, Bruises and Breaks	All	High	Instructor or group leader riding at the back must keep vigilance at ALL times. First Aid bag Throwbag, Mobile phone (or VHF Radio, Channel M2) to be carried at ALL times. Instructor to inform Centre Manager of all incidents.	Low
Weather	Hypothermia Sunstroke	Users Staff	Medium	Correct clothing MUST be worn for weather conditions. Proximity of warm building. Adequate protection from sun. In the event of thunder and/or lightning ALL participants MUST return to building.	Low

WELTON WATERS ADVENTURE CENTRE RISK ASSESSMENT

Activity:		OFF-ROAD CYCLING		Location: ON SITE AROUND THE LAKE	
Hazard	Risk	Who	Risk Rating	Control Measure	Out Come
	Risk Assessment completed by: Print....Pete Blaney..... Sign.. <i>P Blaney</i>			Date of Risk Assessment: 1st March 2018 Risk Assessments to be continually revised	