| WELTON WATERS ADVENTURE CENTRE RISK ASSESSMENT |  |                |             |   |          |  |  |  |
|--|--|----------------|-------------|---|----------|--|--|--|
| Activity:                                      | ASC PULLING                                |                |             | Location: ON SITE USING LAKE  |          |  |  |  |
| Hazard   | Risk                                       | Who            | Risk Rating | Control Measure   | Out Come |  |  |  |
| Arriving On Site                               | None                                       | All            | Medium      | All participants MUST report to the main office upstairs on arrival to register. All participants MUST complete a booking form and MUST state any medical conditions and medication needed.   | Low      |  |  |  |
| First Aid Control                              | Accidents & Injuries                       | All            | High        | A First Aider MUST be on site at ALL times. First Aid kit MUST be available at ALL times containing foil blanket. Proximity of warm building. Accident procedure to be actioned, accident book MUST be completed and emergency procedure followed.  | Low      |  |  |  |
| Water  | Drowning<br>Hypothermia<br>Illness         | Users<br>Staff | Medium      | All participants must wear buoyancy aids at ALL times. All participants must be confident in water but not necessarily swimmers. Monitor water for any polution. Suitably qualified staff with good group control. Safety boat must be available. Instructor to designate suitable and safe sailing area.   | Low      |  |  |  |
| Carrying and<br>Using Equipment                | Personal Injury                            | Users<br>Staff | Medium      | Instructor MUST ensure that all participants are capable of handling an oar. Individuals to work in ones or twos where appropriate. All participants must wear appropriate footwear at ALL times. Instruction on the correct and appropriate lifting techniques for manoeuvring oars around inside the boat. All participants age 16 and under MUST wear a helmet, helmets are optional for adults. Visual inspection of equipment prior to start of session. | Low      |  |  |  |
| Collisions                                     | Personal Injury<br>Drowning<br>Hypothermia | Users<br>Staff | Medium      | Safety briefing by instructor before going onto the water. Maintain look outs on boats at all times   | Low      |  |  |  |
| Other Craft and<br>Lake Users                  | Personal Injury                            | Users<br>Staff | Low         | Briefing of group regarding appropriate behaviour at start of water based activity. Instructor to observe group and other lake users whilst activity is taking place.   | Low      |  |  |  |
| Oars   | Personal Injury                            | Users<br>Staff | Low         | Briefing of group in correct and safe handling of oars and pulling technique.   | Low      |  |  |  |
| Jetty's Pontoons<br>and Slipways               | Personal Injury                            | Users<br>Staff | Low         | Instructor MUST be aware of location of jetty's/pontoons in relation to group. Instructor to advise group of slippy surfaces and local trip hazards.  | Low      |  |  |  |

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| Weather   | Hypothermia<br>Sunstroke            | Users<br>Staff | Medium      | Correct clothing MUST be worn for weather and water conditions spraytops / spraysuits at the instructors discretion. Proximity of warm building. Adequate protection from sun. In the event of thunder and/or lightning ALL participants MUST evacuate the water. Evacuation procedure is 3 blasts of a fog horn or whistle. No return to water until 30 mins. after last thunder and 45 mins. after last lightning. | Low      |  |
| SAC       | Risk Assessmen<br>PrintPete<br>Sign | Blaney         | -           | Date of Risk Assessment: 1st October 2020  Risk Assessments to be continually revised  |          |  |