



| WELTON WATERS ADVENTURE CENTRE RISK ASSESSMENT | | | | | | |
|--|--|----------------|------------------------------|---|----------|--|
| Activity: DINGHY SAILING | | | Location: ON SITE USING LAKE | | | |
| Hazard | Risk | Who | Risk Rating | Control Measure | Out Come | |
| Arriving On Site | None | All | Medium | All participants MUST report to the main office upstairs on arrival to register. All participants MUST complete a booking form and MUST state any medical conditions and medication needed. | Low | |
| First Aid Control | Accidents & Injuries | All | High | A First Aider MUST be on site at ALL times. First Aid kit MUST be available at ALL times containing foil blanket. Proximity of warm building. Accident procedure to be actioned, accident book MUST be completed and emergency procedure followed. | Low | |
| Water | Drowning Hypothermia Illness | Users Staff | Medium | All participants must wear buoyancy aids at ALL times. All participants MUST be confident in water but not necessarily swimmers. Monitor water for any pollution. Suitably qualified staff with good group control. Safety boat must be available. Instructor to designate suitable and safe sailing area. | Low | |
| Carrying and Using Equipment | Personal Injury | Users Staff | Medium | Instructor must ensure that all participants are capable of moving dinghys. Individuals to work in at least two's to move dinghys where appropriate. All participants must wear appropriate footwear at ALL times. Instruction on the correct and appropriate lifting technique. All participants age 16 and under must wear a helmet, adult beginners must wear a helmet until Level 1 passed. Adult Sailors Level 1 and above helmets are optional. Visual inspection of equipment prior to the start of session. All staff and volunteer to be aware of local hazards i.e. overhead powercables, trip hazards etc. No boats to be moved beyond wooden fence. | Low | |
| Powerboat Operation | Injury | Staff | Medium | When a powerboat is being used as a teaching platform there MUST be a qualified Safety Boat driver onboard. | Low | |
| Capsizes | Personal Injury Drowning Hypothermia | Users Staff | Medium | Safety briefing MUST be given by instructor before going onto the water. Instructor must observe students capsize and recovery and rescue if necessary. In the event of multiple capsizes instructor MUST be aware of all participants location and MUST headcount continually. | Low | |
| Entrapment | Personal Injury Drowning Hypothermia | Users Staff | Medium | Safety briefing MUST be given by instructor before going onto the water. Centre safety boat staff trained in appropriate rescue techniques and equipment. | Low | |

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| Other Craft and Lake Users | Personal Injury | Users Staff | Low | Briefing of group regarding appropriate behaviour at the start of water based activity. Instructor to observe group and other lake users whilst activity is taking place. | Low |
| Paddles | Personal Injury | Users Staff | Low | Briefing of group about correct paddle technique. | Low |
| Jetty's Pontoons and Slipways | Personal Injury | Users Staff | Low | Instructor MUST be aware of location of jetty's/pontoons in relation to group. Instructor to advise group of slippy surfaces and local trip hazards. | Low |
| Weather | Hypothermia Sunstroke | Users Staff | Medium | Correct clothing MUST be worn for weather and water conditions i.e. wetsuits / drysuits at the instructors discretion. Proximity of warm building. Adequate protection from sun. In the event of thunder and/or lightning ALL participants MUST evacuate the water. Evacuation procedure is 3 blasts of a fog horn or whistle. No return to water until 30 mins. after last thunder and 45 mins. after last lightning. | Low |
| High Winds | Personal Injury | Users Staff | Medium | Sessions to only take place in appropriate conditions for ability and attitude of group. | Low |
|  | Risk Assessment completed by: | | Date of Risk Assessment: 20th December 2022 | | |
| | Print....Pete Blaney..... Sign..  | | Risk Assessments to be continually revised | | |