



WELTON WATERS ADVENTURE CENTRE RISK ASSESSMENT

Activity: ROWING - Sliding Seat		Location: ON SITE USING LAKE			
Hazard	Risk	Who	Risk Rating	Control Measure	Out Come
Arriving On Site	None	All	Medium	All rowers MUST report to the main office upstairs on arrival to register. All participants MUST complete a booking form and MUST state any medical conditions and medication needed.	Low
Control	Serious Injury or Fatality	All	High	No person will launch unless sanctioned by the instructor. On the day the route and direction will be designated by the instructor. A safety boat must be on the water at ALL times. The Instructor to advise all participants of hazzards and emergency procedures.	Low
First Aid Control	Accidents & Injuries	All	High	A First Aider MUST be on site at ALL times. First Aid kit MUST be available at ALL times. Proximity of warm building. Accident procedure to be actioned, accident book MUST be completed and emergency procedure followed.	Low
Water	Drowning Hypothermia Illness	Users Staff	High	All participants MUST wear buoyancy aids at ALL times. All participants must be confident in water but not necessarily swimmers. Monitor water for any pollution.	Low
Weather	Hypothermia Sunstroke	All	Medium	Appropriate clothing must be worn at ALL times. Proximity of warm building. In the event of thunder and/or lightning ALL participants MUST evacuate the water. Evacuation procedure is 3 blasts of a fog horn or whistle. No return to water until 30 mins. after last thunder and 45 mins. after last lightning.	Low
Carrying Equipment	Personal Injury	Users Staff	Medium	Instructor to ensure that all participants are physically capable of carrying sculls. Participants MUST work in groups of twos, minimum, when lifting and moving sculls. Instruction MUST be given on the appropriate lifting technique. All Participants MUST wear appropriate footwear at ALL times.	Low
Capsize	Personal Injury Drowning Hypothermia Entrapment	Users Staff	High	Safety brief MUST be given by the instructor before going afloat. In the event of capsize, participants to be shown two points of contact and shown correct technique to re-enter the scull. If unable to re-right the boat, instruction to be given to stay with the scull.	Low

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Launch	Personal Injury	Users Staff	Medium	Instructors to demonstrate correct technique to launch the scull and entre the scull using two points of contact. All participants MUST wear appropriate footwear at ALL times when walking around site including pontoons and slipways. Participants to be aware of signage regarding slippy slipways and ramp, wet floors etc. Participants to be aware of changes in surfaces i.e. concrete, wood, tiles etc. Slipways MUST be checked for debris.	Low
On the Water	Personal Injury	Users Staff	Medium	Instructors MUST ensure good group control and give	Low
Swimming	Drowning	All	High	All participants MUST wear appropriate wetsuit. All participants MUST be reasonably competent swimmers, novice open waters swimmers MUST stay in the lagoon area, experienced open water swimmers may entre the larger open lake area. A buddy system MUST be in operation at ALL times in conjunction with the tally system. Use board to indicate swimmers route and direction. All participants to be aware of other group members and local hazzards. ALL participants MUST wear either a Hi-viz swimming cap or tow-float at ALL times.	Low
Exiting the water	Slips, Trips & Falls	All	Medium	All participants MUST wear appropriate footwear when leaving the water. All participants MUST be aware of slippy conditions.	Low
		Risk Assessment completed by: Print....Pete Blaney..... Sign.. 		Date of Risk Assessment: 15th March 2024 Risk Assessments to be continually revised	