



WELTON WATERS ADVENTURE CENTRE RISK ASSESSMENT

| Activity: STAND-UP PADDLE BOARDING | | Location: ON SITE USING LAKE | | | |
|---|------------------------------------|------------------------------|-------------|---|----------|
| Hazard | Risk | Who | Risk Rating | Control Measure | Out Come |
| Arriving On Site | None | All | Medium | All participants MUST report to the main office upstairs on arrival to register. All participants MUST complete a booking form and MUST state any medical conditions and medication needed. | Low |
| First Aid Control | Accidents & Injuries | All | High | A First Aider MUST be on site at ALL times. First Aid kit MUST be available at ALL times containing foil blanket. Proximity of warm building. Accident procedure to be actioned, accident book MUST be completed and emergency procedure followed. | Low |
| Water | Drowning Hypothermia Illness | Users Staff | Medium | All participants MUST wear buoyancy aids at ALL times. All participants MUST be confident in water but not necessarily swimmers. Monitor water for any pollution. Suitably qualified staff with good group control. Safety boat must be available. Instructor to designate suitable and safe paddleboard area area. | Low |
| Carrying and Using Equipment | Personal Injury | Users Staff | Medium | Instructor must ensure that all participants are capable of carrying Stand-Up Paddle boards (SUP's). Individuals to work in a least two's to move SUP's. All participants MUST wear appropriate footwear and helmet at ALL times. Instruction on the correct and appropriate lifting technique. Visual inspection of equipment prior to start of session. Instructor to brief group on inversion. | Low |
| Powerboat Operation | Injury | Staff | Medium | When a powerboat is being used as a teaching platform there MUST be a qualified Safety Boat driver onboard. | Low |
| Other Boards and Lake Users | Personal Injury | Users Staff | Low | Briefing of the group regarding appropriate behaviour at the start of water based activity. Instructor to observe group and other lake users whilst activity is taking place. The launch area must be kept clear at all times. | Low |
| Jetty's Pontoons and Slipways | Personal Injury | Users Staff | Low | Instructor MUST be aware of location of jetty's/pontoons in relation to group. Instructor to advise group of slippy surfaces and local trip hazards. | Low |
| Exiting the water | Slips, Trips & Falls | All | Medium | Participants to be aware of signage regarding slippy slipways and ramp, wet floors etc. Participants to be aware of changes in surfaces i.e. concrete, wood, tiles etc. Slipways MUST be checked for debris. | Low |

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| Weather | Hypothermia Sunstroke | Users Staff | Medium | Correct clothing MUST be worn for weather and water conditions i.e. wetsuits / drysuits at the instructors discretion. Proximity of warm building. Adequate protection from sun. In the event of thunder and/or lightning ALL participants MUST evacuate the water. Evacuation procedure is 3 blasts of a fog horn or whistle. No return to water until 30 mins. after last thunder and 45 mins. after last lightning. | Low |
| High Winds | Personal Injury | Users Staff | Medium | Sessions to only take place in appropriate conditions for ability and attitude of group. | Low |
|  | | Risk Assessment completed by: Print....Pete Blaney..... Sign..  | | Date of Risk Assessment: 1st March 2018 Risk Assessments to be continually revised | |