



**WELTON WATERS ADVENTURE CENTRE RISK ASSESSMENT**

Activity: <b>STAND-UP PADDLE BOARDING</b>		Location: ON SITE USING LAKE			
Hazard	Risk	Who	Risk Rating	Control Measure	Out Come
Arriving On Site	None	All	Medium	All participants MUST report to the main office upstairs on arrival to register. All participants MUST complete a booking form and MUST state any medical conditions and medication needed.	Low
First Aid Control	Accidents & Injuries	All	High	A First Aider MUST be on site at ALL times. First Aid kit MUST be available at ALL times containing foil blanket. Proximity of warm building. Accident procedure to be actioned, accident book MUST be completed and emergency procedure followed.	Low
Water	Drowning Hypothermia Illness	Users Staff	Medium	All participants MUST wear buoyancy aids at ALL times. All participants MUST be confident in water but not necessarily swimmers. Monitor water for any pollution. Suitably qualified staff with good group control. Safety boat must be available. Instructor to designate suitable and safe paddleboard area area.	Low
Carrying and Using Equipment	Personal Injury	Users Staff	Medium	Instructor must ensure that all participants are capable of carrying Stand-Up Paddle boards (SUP's). Individuals to work in a least two's to move SUP's. All participants MUST wear appropriate footwear at ALL times. All participants age 16 and under MUST wear a helmet at ALL times, helmets are optional for adults. Ankle leash or quick release waist belt MUST be worn at ALL times. Instruction on the correct and appropriate lifting technique. Visual inspection of equipment prior to start of session. Instructor to brief group on inversion.	Low
Powerboat Operation	Injury	Staff	Medium	When a powerboat is being used as a teaching platform there MUST be a qualified Safety Boat driver onboard.	Low
Other Boards and Lake Users	Personal Injury	Users Staff	Low	Briefing of the group regarding appropriate behaviour at the start of water based activity. Instructor to observe group and other lake users whilst activity is taking place. The launch area must be kept clear at all times.	Low
Jetty's Pontoons and Slipways	Personal Injury	Users Staff	Low	Instructor MUST be aware of location of jetty's/pontoons in relation to group. Instructor to advise group of slippy surfaces and local trip hazards.	Low
Exiting the water	Slips, Trips & Falls	All	Medium	Participants to be aware of signage regarding slippy slipways and ramp, wet floors etc. Participants to be aware of changes in surfaces i.e. concrete, wood, tiles etc. Slipways MUST be checked for debris.	Low

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Weather	Hypothermia Sunstroke	Users Staff	Medium	Correct clothing <b>MUST</b> be worn for weather and water conditions i.e. wetsuits / drysuits at the instructors discretion. Proximity of warm building. Adequate protection from sun. In the event of thunder and/or lightning <b>ALL</b> participants <b>MUST</b> evacuate the water. Evacuation procedure is 3 blasts of a fog horn or whistle. No return to water until 30 mins. after last thunder and 45 mins. after <b>last lightning.</b>	Low
High Winds	Personal Injury	Users Staff	Medium	Sessions to only take place in appropriate conditions for ability and attitude of group.	Low
		Risk Assessment completed by: Print....Pete Blaney.....  Sign..  .....		Date of Risk Assessment: 15th March 2024  Risk Assessments to be continually revised	